

# Warwick *Memory Singers*



We are delighted to announce the launch of the Warwick Memory Singers on **Wednesday 22nd September**, in association with the Alzheimer's Society's *Singing for the Brain* initiative.

Singing has been proven to be beneficial in helping people living with dementia to unlock their memories and re-establish cognitive pathways. Our weekly singing sessions, led by specially-trained musicians are about bringing people together in a fun, friendly and safe environment. They can help build new friendships and boost confidence, helping people to feel more positive and supported.

The sessions are open to anyone living with dementia, but participants will need to be accompanied by a carer.

The sessions will include fun warm-ups, activity songs and a wide variety of familiar tunes. They will provide an opportunity to socialise with others and refreshments will be served. Each week there will also be the chance to sit back and enjoy our musicians performing a solo piece from our classical repertoire.

**£5 per week, carers go free.**

**Wednesdays 1pm-2.30pm**  
Unitarian Chapel, 31 High Street, CV34 4AX

To book a place please complete the online [registration form](#)

For further information or if you have any queries please contact Sarah Riddell:  
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